

## Advice for doctors treating trans patients

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The [first report of the House of Commons Women and Equalities Committee](#) (pdf) highlighted significant concerns about doctors' lack of awareness and consideration in treating trans patients. These web pages aim to help doctors see how the principles of *Good medical practice* apply in relation to trans patients and also to explain doctors' duties under the *Equality Act 2010* and other legislation.

The information on these pages starts from the principles in our following guidance for doctors:

- [Good medical practice](#)
- [Confidentiality](#)
- [Good practice in prescribing medicines and devices](#)

Our guidance is relevant to doctors across the UK whatever their area of practice. Some of the advice on these pages will be most relevant to doctors working in primary care in England and Scotland, but the principles are the same for doctors in every specialty throughout the UK.

- [Treatment pathways](#)
- [Prescribing](#)
- [Respect, confidentiality and the law](#)
- [CPD and other useful information](#)

## [Gender Identity Clinics \(GICs\) in the UK](#)

### [England](#)

- Gender identity clinics in London and the southeast  
**West London Mental Health NHS Trust Gender Identity Clinic**  
179-183 Fulham Palace Road, London, W6 8QZ  
Telephone: 020 8483 2801

The [West London clinic's website](#) has an overview of information useful for anyone with gender identity needs, not just those in the area.

- Gender identity clinics in the north  
**Sheffield Health and Social Care NHS Foundation Trust Sexual and Relationship, Sexual Medicine and Transgender Services**  
Porterbrook Clinic, Michael Carlisle Centre, Nether Edge Hospital,  
75 Osborne Road, Sheffield, S11 9BF  
Telephone: 0114 271 6671

The [Sheffield Gender Identity Services website](#) includes information about referrals, clinic opening hours, and links to eligibility criteria and the Porterbrook Clinic.

- **Leeds Gender Identity Clinic**  
Management Suite, 1st floor, Newsam Centre, Seacroft Hospital, York Road, Leeds, LS14 6WB  
Telephone: 0113 855 6346

The [Leeds clinic's website](#) covers referrals and commonly used medications.

- **Northumberland Gender Dysphoria Service**  
Benfield House, Walkergate Park, Benfield Road, Newcastle, NE6 4QD  
Telephone: 0191 287 6130

The [Northumberland Gender Dysphoria Service website](#) has a leaflet outlining eligibility and how to access services.

- Gender identity clinics in the Midlands  
**Northampton Gender Clinic**  
Danetre Hospital, London Rd, Daventry, Northamptonshire NN11 4DY  
Telephone: 01327 707200  
Email: [genderclinic@nhft.nhs.uk](mailto:genderclinic@nhft.nhs.uk)

Visit the [Northampton Gender Clinic's website](#) for more information.

- **Nottingham Centre for Gender Dysphoria**  
3 Oxford Street, Nottingham, NG1 5BH  
Telephone: 0115 876 0160

Visit the [Nottingham Centre for Gender Dysphoria website](#) for more information.

- Gender identity clinics in the southwest  
**The Laurels Gender Identity and Sexual Medicine service (Devon Partnership NHS Trust)**  
The Laurels, 11-15 Dix's Field, Exeter, EX1 1QA  
Telephone: 01392 677077

The [Laurels' website](#) has information about the types of services on offer and the help available during transition.

### [Northern Ireland](#)

- [Brackenburn Clinic](#)  
Shimna House  
Knockbracken Healthcare Park  
Saintfield Road  
Belfast. BT8 8BH  
Tel. (028) 9063 8854  
Email: [BrackenburnClinic@belfasttrust.hscni.net](mailto:BrackenburnClinic@belfasttrust.hscni.net)

### Opening Hours for Telephone Contact

9.00am – 5.00pm Monday – Friday.

## Scotland

There are 4 gender specialist clinics in NHS Scotland and referrals can be made to these clinics to explore with the patient the options available to them.

- The main NHS Scotland Gender Identity Clinic is based at the Sandyford in Glasgow and accepts referrals from across Scotland. It is also possible to self-refer to the Sandyford clinic [www.sandyford.org](http://www.sandyford.org) or 0141 211 8130.
- The Sexual Problems Clinic within the Royal Infirmary of Edinburgh accepts patients from NHS Lothian Health Board area and also NHS Fife, NHS Borders, NHS Forth Valley, NHS Tayside and the North of England. The clinic can be contacted on 0131 242 2515.
- NHS Grampian. Referrals are accepted from general practitioners of patients residing in Grampian, Orkney and Shetland. All referrals should be made to Dr John Callender, Royal Cornhill Hospital, Aberdeen AB25 7ZH.
- NHS Highland Sexual Health Clinic based at Raigmore Hospital, Inverness accepts selfreferrals. The clinic can be contacted on 01463 704202. The clinic does not accept out of area referrals.

## Wales

Wales does not currently have a gender identity clinic but in April 2015 Welsh Assembly members voted for an independent study to be carried out into the feasibility of opening a gender identity clinic in Wales.

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